

TRACK & FIELD REGULATIONS

Last update 19-06-2008

1. Organization

- a. The Track & Field Committee of the 18th Maccabiah will be responsible for the Track & Field competitions of the 18th Maccabiah.
- b. The Track & Field competitions will be conducted according to the rules of the IAAF.
- c. Participation in the competition is open to any athlete who is in possession of a Participant Card, issued by the Organizing Committee of the 18th Maccabiah and registered the Track & Field competitions. (In Half Marathon, participation is open also to athletes registered Triathlon)
- d. Each country may enter three athletes for each event and one team only for each relay event.

2. Venues and times

- a. The Track & Field Committee of the 18th Maccabiah will determine the venues and times of the Track & Field competitions and teams will be notified accordingly.
- b. The Track & Field Committee is authorized to change the venues and times of the competitions. These decisions will be final.

3. Referees

The Track & Field Committee will select a Referees' Committee, which in turn will appoint the referees of the competition.

4. Events

Competitions will be held in the following events:

MEN	WOMEN
1. 100 meters	100 meters
2. 200 meters	200 meters
3. 400 meters	400 meters
4. 800 meters	800 meters
5. 1500 meters	1500 meters
6. 5000 meters	5000 meters
7. 10000 meters	100m hurdles
8. 110 m hurdles	4x100 m relay
9. 4x100m relay race	4x400m relay
10. 4x400m relay race	High jump
11. High jump	Long jump
12. Long jump	Pole Vault
13. Pole Vault	Discus throw
14. Discus throw	Shot put
15. Shot put	Hammer throw
20. Half Marathon (21.1Km)	Half Marathon (21.1Km)

BOYS (1991-1994)

1. 100 meters
2. 400 meters
3. 800 meters
4. 1500 meters
5. 3000 meters
6. 4x100m relay race
7. 4X400m relay race
9. High jump
10. Long jump
11. Shot Put
12. Discus throw

GIRLS (1991-1994)

- 100 meters
- 400 meters
- 800 meters
- 3000 meters
- 4x100m relay race
- 4x400m relay race
- High jump
- Long jump
- Shot Put
- Discus throw

5. HALF MARATHON

- a. Race for teams and singles will be held in the half marathon event.
- b. Each country may enter one team of men and one team of women for each age category.
- c. Each team will consist of a minimum of 3 athletes and a maximum of 5.
- d. The position of the first 3 competitors from each team will be taken into account for scoring. The position of any individual runner will be eliminated, and subsequent finishing position will be adjusted accordingly. In the event of a tie it shall be resolved in favor of the team whose last scoring member finishes nearer the first place.
- e. **Age categories (Male and Female):** Up to 39, 40 – 49, 50 – 59, 60+

6. Heats and qualifications

- a. The draw for heats athletes and relay will be based upon the latest results of the athletes, and will be decided at the final technical meeting.
- b. If more than 12 athletes are entered in the field events, qualification competitions will be considered.
- c. In the case of two heats taking place in the track events, the first 3 in each heat will qualify for the finals, together with additional 2 runners with the next fastest times. In case of 3 heats, the first 2 from each heat will qualify for the finals, together with additional 2 runners with the next fastest times.

7. General

- a. These regulations are but one part of the complete 18th Maccabiah Regulations, and must be read along with the instructions found in "Basic Regulations and Disciplinary Procedures".
- b. In the event of a discrepancy between the regulations written here and those appearing in the "Basic Regulations", the regulations written here will apply and be binding.